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On total curvature of immersions and minimal submanifolds of spheres

GIOVANNI ROTONDARO

Abstract. For closed immersed submanifolds of Euclidean spaces, we prove that $\int |\mu|^2 dV \geq V/R^2$, where μ is the mean curvature field, V the volume of the given submanifold and R is the radius of the smallest sphere enclosing the submanifold. Moreover, we prove that the equality holds only for minimal submanifolds of this sphere.

Keywords: closed submanifold, total mean curvature, minimal submanifold

Classification: Primary 53A05; Secondary 53C45

1. Introduction.

Let $x : M \rightarrow \mathbb{R}^3$ be an immersion of a smooth closed surface into the Euclidean space, with mean curvature function H . The total mean curvature of x is, by definition, the integral $\int H^2 dV$ over M , where dV is the induced volume element. The idea of studying this integral, as a measure of the “niceness” of the shape of the immersed surface, was discussed at meetings in Oberwolfach in 1960 [9]. The first result on this subject was obtained by Willmore [8], which suggested the difficult problem of determining the infimum of the integral over all immersions, for a given M , and characterizing those immersions for which this minimum value is attained. Since then, the total mean curvature has become the object of intensive studies, giving rise to a vast research area, with many interesting open problems ([10], [2]).

Among the various possible generalizations of the concept of total mean curvature in higher dimensions and codimensions [4], one can consider the integral of the squared norm $|\mu|^2$ of the mean curvature vector field μ , for a given immersion $x : M^n \rightarrow \mathbb{R}^{n+p}$. In this paper we prove an extrinsic inequality relating this integral with a number which is sensitive to the shape of the immersed submanifold. More explicitly, we prove

$$\int_M |\mu|^2 dV \geq V/R^2,$$

where V is the volume of the immersed submanifold and R denotes the radius of the smallest closed ball enclosing $x(M)$. Moreover, the equality holds if and only if x immerses M as a minimal submanifold into the Euclidean hypersphere bounding this ball.

The precise statement and proof of this result will be given in Section 3, after the preliminaries in Section 2; in Section 4 we will treat the case the hypersurfaces, and in Section 5 the case of the curves.

2. Notations and preliminary results.

Through this note, M denotes smooth (C^∞), connected, compact, oriented n -dimensional manifold without boundary. In Sections 2, 3 and 4 the dimension will be ≥ 2 . Given a smooth immersion $x : M^n \rightarrow \mathbb{R}^{n+p}$ into Euclidean $(n + p)$ -space, we assume that M is endowed with the Riemannian metric induced by x from the standard inner product $\langle \cdot, \cdot \rangle$ on \mathbb{R}^{n+p} . The volume n -form, volume and Laplace-Beltrami operator on M will be denoted by dV , V and Δ .

Let us recall the definition of the mean curvature normal field. Let ∇° be the Euclidean connection, and let ∇ be the induced Riemannian connection on M . If X, Y are vector fields on M , the following well-known *Gauss' formula* holds:

$$\nabla_X^\circ Y = \nabla_X Y + h(X, Y).$$

(Here, a vector field on M is automatically identified with its image by the differential x_* .) The normal component $h(X, Y)$ of the ambient covariant derivative is symmetric and bilinear in X, Y over the ring of \mathbb{R} -valued functions on M . The symmetric bilinear normal-bundle-valued function h is called the *second fundamental form* of the submanifold M , or of the immersion x . The normal vector field along x

$$\mu = (1/n) \text{ trace } (h)$$

is called the *mean curvature normal* of the immersed submanifold.

The following facts are all well-known. We state them for future use.

- (i) $\Delta x = n\mu$. (See [6].)
- (ii) Takahashi's theorem. *If x is a minimal immersion of M into the Euclidean $(n + p - 1)$ -sphere $S^{n+p-1}(O, R)$, with center at the origin O and radius R , then $\Delta x = -(n/r^2)x$. Conversely, if $\Delta x = \lambda x$, then λ is a negative constant and x is a minimal immersion of M into $S^{n+p-1}(O, R)$, where $R = \sqrt{-n/\lambda}$.* (See [2]. Recall that, if $x(M)$ lies in a sphere, then x is minimal into the sphere iff μ is purely normal.)
- (iii) Minkowski's formula. $V = - \int_M \langle x, \mu \rangle dV$. (See [5].)

Let B be the smallest closed $(n + p)$ -ball containing $x(M)$. By adapting the terminology of [1] to the present situation, we will call the radius and the center of B the *circumradius* and the *circumcenter* of $x(M)$, or of x . Without loss of generality, we can suppose that the circumcenter is O . Then the circumradius will be the maximum value of $|x|$ on M .

3. The main theorem.

We want to prove the following

Proposition 1. *If $x : M^n \rightarrow \mathbb{R}^{n+p}$ is a smooth immersion of a closed n -manifold, $n \geq 2$, then*

$$(1) \quad \int_M |\mu|^2 dV \geq V/R^2,$$

where R is the circumradius of $x(M)$. Moreover, the equality holds if and only if x is a minimal immersion of M into $S^{n+p-1}(O, R)$.

PROOF: In the real vector space of \mathbb{R}^n -valued smooth functions on M , define the inner product of u and v by

$$(u, v) = \int_M \langle u, v \rangle dV.$$

Then the formula of Minkowski becomes $V = -(\mu, x)$, and Cauchy-Schwartz inequality gives $V^2 \leq (\mu, \mu)(x, x) \leq VR^2(\mu, \mu)$, which implies the inequality (1).

Now, if x minimally immerses M into $S^{n+p-1}(O, R)$, then the tangential component of μ must vanish, and μ coincides with $\pm(1/R^2)x$, i.e. the mean curvature normal of the standard $(n+p-1)$ -sphere in \mathbb{R}^{n+p} . Consequently, the equality holds in (1).

Conversely, if the equality holds in (1), then $(\mu, x)^2 = (\mu, \mu)(x, x)$ and, by standard arguments, there exists $a \in \mathbb{R}$ such that $\mu = ax$. Therefore $\Delta x = n\mu = nax$, and the desired result follows by Takahashi's theorem. \square

Remark 1. A famous result of Chern and Hsiung [3] says that there exist no compact minimal submanifolds in \mathbb{R}^n . This fact is also an immediate consequence of (1).

4. The case of hypersurfaces: a characterization of Euclidean hyperspheres.

Let us consider what happens when M^n , $n \geq 2$, is an immersed hypersurface, i.e. $p = 1$. Due to topological reasons, $x(M)$ can be contained in $S^n(O, R)$ only if it actually coincides with the whole sphere. In this case, Hadamard's theorem on ovaloids [6] forces x to be an imbedding. On the other hand the length of the mean curvature normal, up the sign, is the mean curvature function. Then we have the following characterization of Euclidean hyperspheres:

Proposition 2. *Let $x : M^n \rightarrow \mathbb{R}^{n+1}$ be an immersed closed hypersurface, with mean curvature function H , volume V , circumradius R and circumcenter O . Then*

$$(2) \quad \int_M H^2 dV \geq V/R^2$$

and the equality holds if and only if x is an embedding and $x(M)$ coincides with the standard hypersphere $S^n(O, R)$.

Remark 2. If M^n is diffeomorphic to S^n (endowed with the standard differentiable structure) then, for given V/R^2 , the immersion which realizes the minimum value of the integral (2) is the standard one. This circumstance agrees with the heuristic hypothesis of Willmore [8] on the aesthetic meaning of the total mean curvature.

5. The case of the curves.

In dealing with closed immersed 1-manifolds it is preferable to consider parametrized closed curves, rather than immersions of the circle S^1 . Moreover, although

the previous treatment can be adapted, with some changes, to the present situation, it seems more convenient to proceed directly.

A map $x : [0, L] \rightarrow \mathbb{R}^n$, $n \geq 2$ will be said a *nondegenerate closed curve of length L* if there exists a smooth map $y : \mathbb{R} \rightarrow \mathbb{R}^n$ such that

- (i) y has period L and $y|_{[0, L]} = x$,
- (ii) $|y'(s)| = 1$ for all $s \in \mathbb{R}$, and
- (iii) there exists a Frenet- n -frame along y .

The *curvature* of x is the restriction k at $[0, L]$ of the (first) curvature of y .

Proposition 3. *Let $x : [0, L] \rightarrow \mathbb{R}^n$, $n \geq 2$, be a nondegenerate closed curve of length L , with curvature k , circumradius R and circumcenter O . Then we have*

$$(3) \quad \int_0^L k^2 ds \geq L/R^2.$$

Moreover, the equality holds if and only if $x([0, L])$ is the circle $S^1(0, L)$, covered once by x .

PROOF: In our hypotheses we have

$$L = \int_0^L |x'|^2 ds = - \int_0^L \langle x, x'' \rangle ds.$$

Then, applying Cauchy-Schwartz inequality for integrals, we obtain

$$L^2 \leq \int_0^L |x|^2 ds \int_0^L |x''|^2 ds,$$

which implies the inequality (3). Now, if x maps $[0, L]$ onto $S^1(O, R)$, without double points in $]0, L[$, we have, of course, the equality in (3). Conversely, if the equality holds, then must be $x'' = ax$, $a \in \mathbb{R}$. Thus, following Chen [2], x is a closed curve of 1-type and, consequently, $x([0, L])$ lies in a plane; but then it is a circle, and the result follows easily. \square

Remark 3. In [7] Weiner proved an inequality analogous to (3), although much more involved. For plane curves, the two inequalities coincide.

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